

# Does your child find it difficult to attend school for emotional reasons?



**Join the Educational Psychology Service at a online two-part workshop for parents and carers. We will:**

- ▶ Learn more about anxiety
  - ▶ Explore what feels helpful for your child and family
  - ▶ Discuss working together with schools to help young people attend
  - ▶ Share your thoughts and ideas with each other & identify what help and support are available
  - ▶ Connect with other parents and carers with similar concerns
  - ▶ Consider how we can look after ourselves when things are hard
- ▶ Based on feedback from our previous workshops, we are also offering the opportunity to meet in person (at the Civic Centre) with other parents to enable a conversation & share experiences. The sessions will be facilitated by Educational Psychologists who will support the group to identify ideas and ways forward. Coffee and cake will be provided.



## **SESSION 1**

**Tuesday 4th June  
(Virtual) 1.30pm-2.30pm**

**Monday 10th June (In  
Person) 10.00-12.00pm**

## **SESSION 2**

**Tuesday 18th June  
(Virtual) 1.30pm-2.30pm**

**Thursday 4th July (In  
Person) 10.00-12.00pm**

**[Sign up here](#)**

**For more information, please email  
[eps@enfield.gov.uk](mailto:eps@enfield.gov.uk)**

**[www.enfield.gov.uk](http://www.enfield.gov.uk)**

