

The Incredible Years Parenting Programme 4-11 years



Develop a positive parenting tool kit

- Support your child to manage their feelings, and deal with difficulties
- Better awareness to manage your own emotional responses
- Help your child to listen to and cooperate with instructions
- Foster a more secure relationship and strengthen trust
- Build your child's self esteem
- Experience more joyful parenting



Join a supportive weekly group to share this 12 week programme

Taking place at Bush Hill Park Primary School

Starting: **FRIDAY 25th October 2024**

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

Limited spaces are available

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service **SWERRL** Team

Strengthening Wellbeing, Emotional health, Relationships and Readiness for Learning

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In partnership with Enfield Educational Psychology Service

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