



Carterhatch Infant School

Carterhatch Lane

Enfield

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Headteacher: Sarah Clements

18th October 2024

Dear Parents & Carers of Year 1,

Forest School

Forest School is starting in Year 1 next half term. Children will have the opportunity to be involved in exciting and memorable experiences in the outdoors. Your child will be instructed and supervised by trained 'Forest School' staff alongside their teacher and learning assistant. Our Forest School provision have robust risk assessments in place.

Forest School supports children's confidence, motivation and concentration. Communication, language and physical skills are developed whilst experiencing the natural world around them. Regular contact with the natural environment, especially for children who generally do not have access to nature, supports academic and practical skills, and children's mental health.

Your child may participate in a range of activities which could include: den building, flora/fauna identification, foraging, imaginative outdoor play, tree climbing, storytelling, tool use, team building games, food preparation and much more, whilst being observed and supported by trained staff.

On the following days could your child please come to school in appropriate clothes. They will need a waterproof coat, preferably with a hood, wellington boots (or similar boots), in a plastic bag with the child's name on, possibly hat and gloves if cold. Waterproof trousers would also be helpful. However, if the weather is warm, please ensure your child wears a long-sleeve t-shirt and trousers and provide your child with a sun hat and apply sun cream before school. Your child may bring sun cream to school if labelled and your child is able to apply him/herself. Forest School can take place in most weathers. Please name your children's clothes so they don't get lost!

Dates below:

Wednesday, 6 th November	Wednesday, 13 th November	Wednesday, 13 th November	Wednesday, 20 th November	Wednesday, 27 th November	Wednesday, 4 th December
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On the last session parents will be invited to attend. Details to follow with timings.

Many thanks for your support.

Kind regards,

The Year 1 Team