



Carterhatch Infant School Lunches

At Carterhatch Infant School we provide healthy, balanced, hot **free** meals for your children. Staff support and encourage the children who sit together to enjoy the social aspects of eating, taking turns politely and sharing the lunchtime experience.



Occasionally a parent may ask if their child can change to eating a packed lunch. Before doing so please speak to a member of staff.

If you still want to provide a packed lunch please complete and return the slip below to the school office as we need to make separate arrangements for children not having school lunches. This includes seating arrangements and changes to organisations in the kitchen.

For more information on healthy choices - <https://www2.myschoollunch.co.uk/enfield/nutrition/be-allergen-aware/>

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Child's Name:.....

Class:.....

I would like my child to bring a packed lunch from

I understand that I must provide a healthy, balanced lunch for my child. Items suggested are fruit (not grapes), vegetable sticks, a healthy sandwich, yogurt, and pasta or rice salad. If I provide biscuits, cake or crisps they will be removed and returned at the end of the day. Please remember that due to allergies, we are a nut free school.

Parent/carer signature.....

Date:.....

