



# NEWSLETTER

## CARTERHATCH INFANTS SCHOOL

Office email: [office@carterhatch-inf.enfield.sch.uk](mailto:office@carterhatch-inf.enfield.sch.uk)

Website: <https://www.carterhatchinfants.com/>



15th December 2023

### Diary:

Tuesday 19th December - **Nursery** Singing Performance (pm)  
Wednesday 20th December - **Nursery** Singing Performance (am)  
Wednesday 20th December - **Last Day of Term** - Non School Uniform - School closing at 1:20pm  
Monday 8th January - **Children Return to School**  
Wednesday 10th January - **Year 2** Forest School Begins  
Thursday 11th January - **Reception** Height and Weight Checks  
Monday 29th January - Friday 2nd February - **Reception** Maths Workshop - Parents Invited.  
Wednesday 7th February - **Year 2** Forest School - Parents Invited  
Friday 9th February - Dress to Express Day - Non-school Uniform - Donations Welcome  
Monday 12th - Friday 16th February - Half Term Break - School Closed  
Monday 19th February - Staff Training Day - School Closed  
Tuesday 20th February - Children Return to School

### REMINDER!

The school day starts at 8:45am  
Registers will be taken at 8:50am, if your child arrives after 8:50am they will be marked as late. All children must be in time for registration. The school day ends at 3:15pm.  
Children being picked up late from school may be charged for After School Club.

### A Message from the Co-Heads:

Dear Parents and Carers,

It has been an exciting time for children in school with children enjoying visits to Chickenshed and the Arts Depot. Thank you for contributing to the costs involved with these visits. These valuable experiences really support your children's learning and as usual we were so proud of their behaviour. We hope you enjoyed their singing performances as well as our Carterhatch Winter Wonderland. It must make you immensely proud when you see them perform.

All of these experiences take a lot of planning and organising. We would like to thank staff for all the hard work that goes on behind the scenes making sure that everything goes to plan!

We end 2023 saying goodbye to Zaynab who joined us earlier this year and to Stephanie who has been part of our office team since November 2014. We would like to wish them both much happiness and success in their new roles. We have appointed new staff and will introduce them in our first newsletter in January.

Also I (Adrienne) will be retiring at the end of this term. I would like to thank everyone for their support including all our fantastic staff and Governors. I will miss our wonderful children and their families so much and wish everyone much happiness for the future. Sarah and I have worked together for 15 years (eight years as Co Heads). She is an amazing leader and will now take on the role of Headteacher. I know she will continue to give our children "the best start in life".

We want to take this opportunity to wish all our families celebrating over this festive break, a Joyful Christmas and a Happy New Year. For those who are celebrating the Jewish holiday, we wish you a Happy Hannukah. We hope you enjoy making wonderful memories. No amount of money or presents can take the place of the quality time you spend with your amazing children.

We look forward to welcoming you all back on Monday, 8<sup>th</sup> January.

Take care,

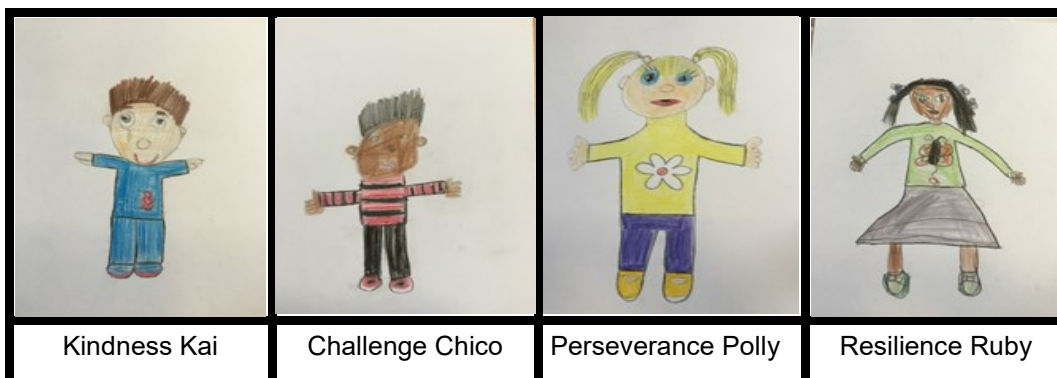
Adrienne and Sarah

### Farewell:



Staff at Carterhatch would like to thank Adrienne for 15 years of dedication, commitment and passion. She has supported thousands of children during her time at Carterhatch and has made a difference to each and every one of them. It is now time for Adrienne to spend more time on herself and her family, she truly deserves it. We wish her all the best. x

## Learning Friends:



Congratulations to the following children who have recently received a certificate for demonstrating our school values!

**Rhino Class:** Theo, Lyla, Ediz, Arianna, Amira, Daniel, Deyvid, Louis, Jewel-Amaziah, Yousif

**Gorilla Class:** Muhammed, Abera, Arlo, Isaac, Frazer, Yasmin

**Giraffe Class:** Aasim, Ayla, Dena, Mufti, Osazee, Ayla

**Tiger Class:** Nazim, Callum, Cemre, Jasvir, Amra, Flavio

**Leopard Class:** Reniya, Ihsan, Kar'lel, Claudine

**Jaguar Class:** Alvin, Mehmet,

## Children's Book Project:

We are very excited that our school is taking part in the Children's Book Project! All children will be gifted pre-loved books three times this year. We have already received the first book bundles and children will be choosing their sets before the Christmas break. When your child brings home their chosen set of books, please enjoy looking through and reading the books with them. I hope these books bring you many happy moments.

Happy reading!

Luiza



## Forest School:

Thank you to all the parents who were able to come to year 1's last forest school session this term. The children enjoyed sharing what they had been learning and luckily the weather was kind to you! It was great to see you all joining in with the games and activities, and cooking bread on the fire. We hope you had as much fun as the staff and children; we look forward to seeing you again next time!



## A Message from Year Two:

### 'Tis the season to be jolly...

As we count down to the Christmas break in year 2 we have been thinking about how to make others feel happy by demonstrating acts of kindness (Kindness Kai). Top of our list was smiling at someone – it really is infectious! We wanted to build positive habits and take a moment each day to be grateful for everything we have. People who are grateful tend to be happier, healthier and more fulfilled.



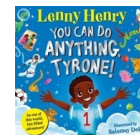
### The Toy Maker's Child

The children absolutely loved their recent visit to the theatre and were so engaged with the show, they were singing along and clapping their hands to the rhythm! It was a very immersive theatre experience for both the children and staff. Also, a very special thank you to all the parents and carers that supported us on the day – we could not have managed without you!

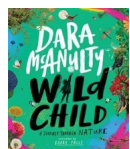
### What is Year 2 reading over Christmas?

#### You can do anything Tyrone!

Tyrone is going to build a brilliant rocket ship out of building blocks and go on an adventure to the moon! There's just one problem . . . the blocks won't work, and Tyrone quickly loses his temper. Luckily, Grandad Cleveland is on hand to show him that with self belief, a bit of determination and a lot of imagination, there's nothing Tyrone can't do. In fact, why stop at the moon when there's the rest of the world and a whole universe to explore!



### Wild Child: A Journey Through Nature



Join the brilliant Dara McAnulty, as he takes you on a nature walk to share in the joy of connecting with the natural world starting just beyond your own front door and divided into five chapters: looking out of the window, venturing out into the garden, walking in the woods, investigating heathland and wandering on the riverbank.

Please encourage your children to share what they have read over the Christmas holidays with us. We would be interested to know any book review recommendations!

## A Message from Year One:

Year one had a fantastic time on Decoration Day making their slider Christmas cards as part of Design and Technology. Children had to choose an object or character for their slider which can be moved on their card by hand and then evaluate it. They also made hats for the Christmas parties, choosing themes from the songs we are singing for the Winter event. There were lots of smiles, singing and glitter!! Everyone got creative and it was a successful afternoon.



**“A slider is a mechanism that goes up and down or backwards and forwards.” – Melanie**

**“I am in the green zone today! I am feeling so happy!” – Tyra**



This week, we had a wonderful trip to the Arts Depo theatre in Finchley where we saw a live performance of the book 'Dear Santa'. The children had a jolly time filled with fun and laughter, clapping and singing along to the seasonal songs. Ayla was even lucky enough to join Santa's elf on stage, helping to put presents into his sack! We would like to say a big thank you to the parents and carers who supported us on the day, your help is very much appreciated!

## The Big Sing:

Years one and two took part in the Big Sing as part of Enfield's music service activities. They learned the song “We're all in this together” from the High School Musical show, picked to remember World Mental Health Day and being there for each other. Other schools in Enfield took part and we all joined each other online to sing the song. Elena Browne led the Big Sing, encouraging children to dance and wave and smile.



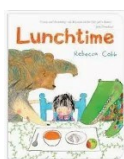
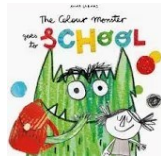
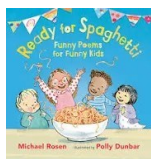


## A Message from Reception:

This term we have loved learning about lots of different books.

Here are the Core Books that we have explored:

'Ready for Spaghetti' By Michael Rosen, 'The Colour Monster Goes to School' by Anna Llenas, 'Meesha Makes Friends' by Tom Percival, 'Lunchtime' by Rebecca Cobb, 'Knuffle Bunny' by Mo Willems, 'Naughty Bus' by Jan and Jerry Oke and 'Stickman' by Julia Donaldson.



What can your child remember about each one? Can they tell you about the characters, setting or plot? What one has been their favourite? Why?

## Christmas School Event:

Thank you to everyone who was able to attend the Children's Christmas performances this week. The children sang with such joy, we are so proud of them and hope you are too. Well done to them all for learning new songs and for singing in front of an audience too!



Our Winter Wonderland event was a huge success, thank you to everyone who was able to attend and participate in the fun. We hope you were able to say hello to Santa!

With your help we have raised around £1000.00 for the school. Thank you!!



Remember to get your raffle tickets by the morning of Tuesday 19th December, there are a variety of lovely prizes to be won! The raffle will be drawn on Tuesday afternoon.

### Parent Governor:

We have a vacancy for a Parent Governor on our Governing Body. If you are interested in becoming a School Governor could you please speak to Sarah Clements. We can then share information about a Parent Governor's role and answer any questions you may have.

### School Policy:

As part of our duty in safeguarding children and providing a balanced, well-rounded curriculum, we have recently reviewed our Relationships, Sex and Health Policy. This is now available on the school website. Please feel free to contact us if you have any questions or concerns.

## Online Safety and Screen Time:

We encourage the positive use of technology at school and often talk about the fun that goes on in lessons, but we also discuss the less positive and sometimes scary/inappropriate things that occur too. As we approach the winter break why not find out how you can help by setting parental controls, time limits, and age controls. Further information can be gained from the websites below.

### What is online safety?

The National College explains what online safety is and why it's more important now than it has ever been.

In simple terms, online safety refers to the act of staying safe online. It is also commonly known as internet safety, e-safety and cyber safety. It encompasses all technological devices which have access to the internet from PC's and laptops to smartphones and tablets.

Being safe online means individuals are protecting themselves and others from online harms and risks which may jeopardise their personal information, lead to unsafe communications or even effect their mental health and wellbeing.

Operating within an online space is something most of us simply do subconsciously, but have you ever stopped to consider the potential dangers which exist on the web, especially for children?

In an ever-changing world, ensuring children's safety online has never been more important.

### What can you do?

Lots of parents have concerns about today's technologies, the ease of access and how quickly children learn to use them; sometimes before they can even walk or talk. There are lots of ways you can help your children to stay safe online – one of the key ways is to keep conversation open. We also have a lot of parents say that their child is 'addicted' to technology. We now live in a technology-based society and it is impossible to get away from it completely. However, it is important to remember that as a parent you DO have the power and control.

**National online safety** want to make the internet a safer place for children. They have a series of short videos online which can help you understand how to keep yourself and your children safer online. <https://nationalonlinesafety.com/courses/os-for-parents-carers-of-children-aged-3-7>

On the **NSPCC** website there is lots of useful advice and tips around starting conversations about online safety, setting parental controls, and information about all the social media platforms. [Teaching Your Child about Internet & Online Safety | NSPCC](#)

### Some useful tips to keep technology fun and save the meltdowns:

- Limit the amount of screen time and stick to it e.g. 15 mins a day (or however much you are comfortable with!)
- No screen time in the hour before bed (this helps the brain switch off ready for a good night's rest)
- Screen time and technology is great, but so is getting a good balance of other things like; imaginative play, fresh air, drawing, colouring, reading real books, garden play/trampolining, interaction with other members of the family and being able to take part in conversations.
- Take an interest in what your child is doing online – what are they watching and talking about and do your own research. Are they talking about Rainbow Friends or Skibidi toilet? Just give the videos a watch and decide if they're too scary and inappropriate for any younger kids in the house before you hand over full YouTube control.



**ENFIELD** **NHS**

Online translation available

Is your child unwell?

Get expert health advice and guidance for your child this winter

For advice, scan the codes.

Fever	Cough	Skin rash	Sore throat	Stomach ache
Vomiting	Earache	Head injury	Breathing issues	Diarrhoea

Find all this information online and in other languages at [bit.ly/nlchild](https://bit.ly/nlchild) or scan here



**ENFIELD** **NHS**

Надочне онлајн превод

Вашето дете зле ли е?

Получете експертни здравни совети и насоки за вашето дете за зимния сезон

За да си набавите кодове

Висока температура	Кашлица	Кожна обрив	Пухляк на гърло	Стомашна болка
Повръщане	Болка в ушите	Травма на главата	Проблеми с дишането	Диария

Намерете цялата информация онлайн и на други езици: [bit.ly/nlchild](https://bit.ly/nlchild) или сканирайте тук



**ENFIELD** **NHS**

Oftrohet përkthim online

A është sëmurë fëmija juaj?

Merrni këshilla dhe udhëzime eksperte për shëndetin për fëmijën tuaj këtë dimër

Për këshilla skanoni kodet

Temperatura	Kallë	Shprehje e lëkurës	Dështim për të ngrënë	Dështim të shtrënguar
Të vjellë	Dështim të veshit	Lëndime në kokë	Probleme me frymëzimin	Diarrë

Gjeni të gjitha këto informacione online dhe në gjuhë të tjera: [bit.ly/nlchild](https://bit.ly/nlchild) ose skanoni këtu



**ENFIELD** **NHS**

Dostepne tłumaczenie online!

Twoje dziecko źle się czuje?

Uzyskaj porady i wskazówki od ekspertów na temat zdrowia Twojego dziecka tej zimy

Aby uzyskać poradę, skanuj kod

Gorączka	Kaszel	Wypukłość	Ból gardła	Ból brzucha
Wymioty	Ból uszu	Uraz głowy	Problemy z oddychaniem	Diареja

Znajdź te wszystkie informacje online i w innych językach - [bit.ly/nlchild](https://bit.ly/nlchild) lub zeskanuj tutaj



**ENFIELD** **NHS**

Traducere online disponibilă

Copilul dvs. nu se simte bine?

Obțineți servicii de consultanță medicală de specialitate pentru copilul dvs. în această iarnă

Pentru sfaturi, scanați codurile

Fiebră	Tuse	Erupții cutanate	Dureri de gât	Dureri de stomac
Vărsături	Dureri de urechi	Lăchărimi la ochi	Probleme de respirație	Diaree

Găsiți toate aceste informații online și în alte limbi - [bit.ly/nlchild](https://bit.ly/nlchild) sau scanați aici



**ENFIELD** **NHS**

Толкување онлајн достапно

Илмahaagu ma fiicna?

La-talin iyo talo caafimaad oo takhasus leh u raadi ilmahaaga xilligan qaboobaha ah

Waxii talo ah, skanir kooddka

Qorax	Qorax	Qorax	Qorax	Qorax
Qorax	Qorax	Qorax	Qorax	Qorax

Macluumaadkan ku hel qaab onlayn ah iyo isagoo ku qoran luuqado kale: [bit.ly/nlchild](https://bit.ly/nlchild) ama halkan iskaan



**ENFIELD** **NHS**

Çevrimiçi çeviri mevcut

Çocuğunuz hasta mı?

Bu kış çocuğunuz için uzmanından sağlık tavsiyeleri ve rehberliği edinin

Tavsiye için kodları tarayın

Ateş	Öksürük	Çiğ akciğerleri	Böğaz ağrısı	Karın ağrısı
Kusma	Kulağın ağrısı	Baş ağrısı	Boğaz ağrısı	İshal

Bu bilgilerin tümüne çevrimiçi ve başka dillerde erişin - [bit.ly/nlchild](https://bit.ly/nlchild) veya burayı tarayın



## Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

**shout**  
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required  
Text "SHOUT" to 85258 or visit [ShoutCrisisTextLine](https://www.shoutcrisis.org)

**SAMARITANS**

Samaritans 24/7 365 days a year - they are here to listen and provide support  
Call: 116 123 or email: [jo@samaritans.org](mailto:jo@samaritans.org)

**Crisis Tools**

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources  
Sign up for free resources [here](https://www.crisistools.org)

**PAPYRUS**

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person  
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

**childline**

Childline confidential telephone counselling service for any child with a problem  
Call: 0800 1111 anytime or [online chat with a counsellor](https://www.childline.org.uk)

## Urgent and other support available

**Good Thinking**

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

**THE MIX**

The Mix provides free, confidential support for young people under 25  
Call: 0808 808 4994 (11am - 11pm every day) or [Email](https://www.themix.org.uk)

**Beat**

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder  
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

**koeth**

Koeth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine